

## Goin' Hamm

**Choreographed By: Trevor Thornton (August 2014)**

**Music: Crank It Up by Colt Ford**

**Description: 32 count 2 wall Beginner/Improver line dance  
1 restart/1 tag**

**Start: 32 counts in on the words shake them hips....**

### **STEP HIP SWIVEL, COASTER STEP X2**

1&2 Step fwd on RF, swivel heels right raising R hip, bring heels back center

3&4 Step back slightly on RF, step LF next to RF, step fwd on RF

5&6 Step fwd on LF, swivel heels left raising your L hip, bring heels back center

7&8 Step back slightly on LF, step RF next to LF, step fwd on LF

### **R ROCK, RCVR, ½ TURN SHUFFLE, L ROCK, RCVR COASTER CROSS**

1-2 Rock fwd on RF, recover weight to LF

3&4 ½ turn over RT shoulder, stepping fwd on RF, slide LF to RT instep, step fwd on RF

5-6 Rock fwd on LF, recover weight to RF

7&8 Step back slightly left, step right next to left, cross left over right

**Restart here on wall 4- dance first 16 counts you will be facing 12:00 when you restart.**

### **GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT**

1-4 Step RF to right side, step LF behind RF, step RF to right side, touch L toe next to R

5-8 ¼ turn L step on LF, ½ turn L step back on RF, ¼ turn L step on LF, touch R toe next to next to L

### **TOUCH R FWD, SIDE, SAILOR, TOUCH L FWD, SIDE, SAILOR**

1-2 Touch R toe fwd, touch R toe to R side

3&4 Step RF behind LF, step LF to L side, step RF to R side

5-6 Touch L toe fwd, touch L toe to L side

7&8 Step LF behind RF, step RF to R side, step LF to left side

**Begin Again**

### **TAG: ROCKING CHAIR -After wall 9 FACING 6:00**

1-4 Rock fwd on RF, recover LF, rock back on RF, recover LF

Contact: Trevor Thornton (407) 590-4753

[Trevort17@yahoo.com](mailto:Trevort17@yahoo.com)

Demo: [http://youtu.be/y\\_i9IOEo1sg](http://youtu.be/y_i9IOEo1sg)