



## Go Seven

Choreographed by Ria Vos

**Description:** 32 count, 4 wall, beginner line dance

**Music:** **Seven Lonely Days** by Bouke [CD: For The Good Times / Available on iTunes]

**Go** by The Refreshments [CD: It's Gotta Be Both Rock 'n' Roll – Best of The Refreshments / Available on iTunes]

Start dancing on lyrics

### **RIGHT HEEL GRIND, FORWARD, COASTER STEP, LEFT ROCK FORWARD, SHUFFLE TURN ½ LEFT**

1-2 Rock right heel forward, recover to left  
 3&4 Right coaster step  
 5-6 Rock left forward, recover to right  
 7&8 Triple in place turning ½ left stepping left, right, left (6:00)

### **RIGHT HEEL GRIND FORWARD, COASTER STEP, POINT FORWARD, POINT SIDE, & SIDE POINT, HITCH**

1-2 Rock right heel forward, recover to left  
 3&4 Right coaster step  
 5-6 Touch left forward, touch left to side  
 &7-8 Step left together, touch right to side, hitch right knee

### **CHASSE RIGHT, ROCK BACK, SIDE, HOLD/CLAP & SIDE, HOLD/CLAP**

1&2 Chassé side right, left, right  
 3-4 Rock left back, recover to right  
 5-6 Step left to side, clap  
 &7-8 Step right together, step left to side, clap

### **JAZZ BOX TURN ¼ RIGHT, POINT, STEP FORWARD, POINT, STEP FORWARD**

1-2 Cross right over left, step left back  
 3-4 Turn ¼ right and step right to side, cross left over right (9:00)  
 5-6 Touch right to side, step right forward  
 7-8 Touch left to side, step left forward

### **REPEAT**

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